

Dooley Wilson at the piano.

We will consider the most memorable film songs, themes and scores of all time while learning about the history and business of film music and the process of creating a film score and soundtrack.

We'll see how music enhances the images, how the images enhance the music and in fact what happens to several of the most famous scenes in film history when you watch them without the accompanying music. In the process we will be playing quite a bit of Name That Tune and Name That Movie.

**Caregiver Tips, Health Care Alternatives,  
Alzheimer's, Dementia Rhonda Theil Fee: \$10**

**June 13, June 27, July 11 10-11:30 am**

In this comprehensive three-session class, an interactive pair of healthcare professionals will provide education and resources that will address the following:

1. The aging process and how to stay healthy in your home.
2. Safely caring for a spouse or a loved one...practical tools as well as resources will be given.
3. Non-medical and medical Home Health Care options.
4. The need for advocacy in the hospital setting.
5. What is the difference between Independent Living, Assisted Living, Memory Care, Skilled Nursing Care, Acute Rehab and Subacute Rehab. When is the right time to make a move?
6. Long term care insurance and Veteran Benefits.
7. Brain Health and Wellness and why it is important.
8. Dementia and what are the signs? What Doctors don't know.
9. On-going education opportunities will be shared!

This collaborative discussion will be driven by the group's questions. Education is power and these are issues you don't want to be left in the dark about. Continental breakfast will be served!

**Art From the Heart Fee: \$20**

**Cindy Pieczonka June 26, 10:00 —12 pm**

Create, Make and Take! Please get out of the heat and make time to create your Artwork through Reflection, Inspiration, Color and Joy. Step away from the outside world of stress and into a place of peace, harmony and love as you create your artwork! Take it home and enjoy! You DO NOT have to be an artist!! This is strictly for fun!

**Should I Pay Off My Mortgage Under Tax Reform**

**Kim Dyer and Pam Prine Fee: \$5**

**June 26, 10 –11:30 am**

Is it advantageous to pay off my home mortgage? Do I have enough guaranteed income to pay a mortgage? If I need long-term care, can I still afford my mortgage payment? "SALT" is a new buzz word –does it impact Real Estate? Are home equity loans still a good idea? Does refinancing still make sense? If you have asked yourself any of these questions lately, join us for an informative presentation that includes insight from a Mortgage Loan Officer and a Financial Advisor.

**Inflation My Beautiful Balloon Fee: \$10**

**Joey Ritzke July 10, 10 am—11:30 am**

The Federal Reserve keeps saying that inflation is below their desired level. Wait a minute - they WANT inflation? That sounds like inflation is a good thing. Exactly what is it and is it a serene hot air balloon ride or will it explode like the Hindenberg? We will examine the truth about both inflation and her evil sister, deflation.

**Two Color and Pearl Finish Soaps Fee: \$25**

**Carol Ritzke July 11, 1-3 pm**

Create a multicolor soap to match a room décor or your favorite colors. Add drama and definition with a pearl or metallic finish. This class teaches the use of a pipette to layer different color soaps in a single mold. The effect is dramatic. You will use wonderfully rich and moisturizing shea butter soap base in a variety of artisan designed molds. Luxurious scents and color will enhance your selections. You will bring home 4-5 molds. Previous experience with melt and pour soap is helpful, but not necessary. Please bring a 2 cup glass measuring cup to use during class and a few sandwich bags to carry your creations home. Please note: you will be standing in class so wear comfy shoes.

Register online at [grandlearning.org](http://grandlearning.org) or call us at 623.546.7470.

Please note that the office in the Chaparral Center will be closed this summer—please come to the Activities Desk in Sonoran Plaza

# Grand Learning Summer 2018



**Register at [grandlearning.org](http://grandlearning.org)  
Registration opens April 16, 2018**

**At 9:00 AM**

**[grandlearning.org](http://grandlearning.org)  
623.546.7470**



**Summer Hours at the Activities Desk:**

**May 10-July 13 9am-1pm Tuesdays and Wednesdays**

**Closed: July 16—August 27**

**Fall Catalog Open House on September 24**

**10am-12 noon**

**Fall Registration starts October 1 at 9am**

**Current Events Roundtable**                      **Fee: \$10**

**Phil Axelrod**                      **8:30—10:00 am**  
**OR**    **10:15—11:45 am**  
**May 1 through June 19**

Let's meet weekly to discuss the current events of the day. Be prepared to actively participate as we debate the pros and cons of the topics selected by the group. Each participant is encouraged to bring an item or topic currently in the public's eye. We are not limited to political items for discussion. At the beginning of each session, I will poll the group for topics. Once we have a complete list we will vote on all topics with the one garnering the most votes the first topic discussed at each meeting. If you enjoy brisk and vigorous debate, this is the group for you.

**Universal Basic Income: Crackpot Proposal?**

**Joey Ritzke**                      **Fee: \$10**    **May 9, 1-2:30 pm**

UBI is the plan to give you money just for being a person. Under this scheme, everyone would get a check from the government, not just retirees or poor people; it's being tried out already in some other places. You will be shocked to learn who's pushing this idea for America: a lot of people you would not expect (and some who you would, of course.) Come learn how they propose to pay for it.

**Rhinestone Decorated Jewelry Boxes**

**Carol Ritzke**    **May 16 & 23, 1-3 pm**    **Fee: \$25**

Use your creative flair to design a small jewelry/treasure box. You will be provided with all the materials, starting with a plain wooden box that you will paint and decorate with a large selection of sparkling rhinestones, multi-color pearls, gold and silver studs, turquoise stones and more. You will choose a dramatic brooch to top it off. Samples of finished boxes will be available for inspiration. This unique "treasure box" will make a great gift or display piece. This class will take two sessions to complete. If you like, personalize your creation by bringing any of your own small jewelry (like pins or earrings) to incorporate into your design to make your treasure box uniquely your own. Please bring with you, if possible, scissors, ruler, and a small hair dryer for the first session. I will have extras at class, so most importantly, just bring yourself and be ready for a fun time.

**Travel: Warm But Not Quite As Hot**    **Fee: \$10**

**Lou-ellen Finter**    **May 29 & June 5, 10-11:30 am**

A look at where to go in the summer for short trips. They are in the cooler part of the state, and offer a wide variety of information on the early and current day indigenous people. Includes some National Monuments: Montezuma Castle, Tuzigoot, Wupatki; Oak Creek Canyon Area, Sunset Crater, Hopi Reservation, Navajo Reservation, Slot Canyons at Page, Hubbell Trading Post, & Canyon de Chelly.

**Be a Label Detective - Food Labels Uncovered**

**Melissa DiLuzio**    **June 6, 10:00 am -12 noon**    **Fee: \$15**

Did you know... That many ingredients we eat everyday are banned in several other countries? Join me for a discovery of what is in the foods you buy and eat every day. I peel back the pretty labels and pictures and show you what you should be looking for on the label.

You will learn: Toxic ingredients that undermine your health that you want to avoid. Deceptive advertising words to look for. What is important to pay attention to on the label. The difference between Natural, Organic, Grass Fed and GMO. How food manufacturers lure you into buying their product and more. If you are interested in improving your health and learning how to make better choices in the grocery store than this class is for you!

**Secrets Revealed—Earth, Air, Water and Fire Personalities**                      **Fee: \$15**

**Roxy M. Carter**                      **June 6, 10:00—11:30 am**

Learn if you are an Earth- Air - Water or Fire type. This information will change the way you used to look at everyone in your life. Learn the DEEP secrets, quirks, and hang-ups and how everyone thinks, feels, acts, and how they will react. Roxy will shed light on what is really going on in the minds of the four types of people living in the world.

**Changing Your Health**                      **Fee:\$15**

**Roxy M Carter**                      **June 13, 10-11:30 am**

Everyone has a MIND SET that produces healthy anti bodies or un-healthy ones. We will be delving into a close up look at HOW your thought life is keeping you well or shorting you out. Find out what thoughts and emotions keep you stuck-depressed or low energy or what thoughts will quickly have

you feeling YEARS younger and seeing the world in an upbeat and healthier way.

**Your Astrological Sign & Kind of Mate You Are**  
**Roxy M Carter**                      **Fee: \$15**

**June 20,10:00-11:30 am**

EVERYTHING YOUR MOMMA FORGOT TO TEACH YOU ABOUT YOUR ASTROLOGICAL SIGN & WHY YOU FEEL, THINK, & REACT AS YOU DO! Learn how OTHERS see you based on what SIGN they are. (A lifetime of questions will be answered about each and every relationship- reasons why you did what you did and still DO what you do. You will leave with NO EXCUSES about your life and get the low-down facts about those you have been sharing your life and time with.

**EFT (Emotional Freedom Technique)**

**Emily Slonina**                      **June 12, 1-3 pm**    **Fee: \$10**

EFT® ( Emotional Freedom Technique) is a do-it-yourself tool you can learn from our EFT® practitioner, Emily Slonina. This energy system is successfully used to relieve physical and emotional pain. By tapping on the body's energy meridians, you can erase limiting emotions, beliefs and conditioning. Embraced by psychologists and health professionals, this versatile tool for self development and peak performance is very easy to learn. Recommended for pain, fears, phobias, cravings, weight reduction, allergies and to stop smoking.

**Sound and Image: The History of Music in Film**

**Steve Katz & Jeanna Michaels**                      **Fee: \$10**

**12:30 -3:00 pm**                      **June 13 through August 22**

This will be the first of 3 semesters of what we hope will be the ultimate nostalgia class—combining movie nostalgia with music nostalgia--as we consider the evolution of music in film from its birth in the late 19th century until the end of the 20th century.

Try to imagine Scarlett O'Hara looking at the red sunset over Tara in "Gone with the Wind" without Max Steiner's grand orchestral swells--or the opening shark attack in "Jaws" without John Williams' ominous theme letting us know of the impending doom--or "The Graduate" without Simon & Garfunkle. Conversely, try to listen to Steppenwolf's "Born to Be Wild" without picturing Peter Fonda and Dennis Hopper speeding down the road on motorcycles—or hearing "As Time Goes By" without picturing Bogart and Bergman or perhaps